



SENIORS TEAM SELECTION POLICY

PURPOSE

The Team Selection Policy is designed to ensure that selection and match playing in the Seniors State League teams is undertaken in a consistent manner and that players and coaches understand and have similar expectations for team formation and match days.

OUR VISION AND MISSION STATEMENT

Our vision is that all women and girls are active, healthy and empowered through football.

Our mission is that our club is a safe and inclusive place for women, girls and gender-diverse people to access and enjoy football.

We are committed to developing our football capability both as individuals and a club.

POLICY PRINCIPLES

To maximise the development of players, coaches will aim to provide all players with fair game time and match experience, unless the team is graded in an experienced/competitive league. Each player is to be given the opportunity to improve their skills and maximise their enjoyment of playing football. This approach fosters growth, camaraderie and a love for the game.

SENIORS COMPETITION

FV Metro community competitions for Senior teams are graded as State League 1-5

Teams are graded:

- Beginners (State 5)
- Intermediate (State 4, 3)
- Experienced/Competitive (State 2, 1)

The maximum number of players per team is 20 and will consist of new and returning players.

TEAM SELECTION

- Existing players will be selected alongside new players during preseason trials
- Players will be offered positions in teams during trials. A deposit is required to secure your position in the team, otherwise it will be offered to someone else if the cut-off date passes
- Players can be moved up or down during trials, preseason or the season based on performance and team requirements

DEFINITION OF PLAYING TIMES

Equal Playing Time: Over the season, the total game time should be equal, allowing for coach discretion based on various factors. Coach discretion includes, but is not limited to the following factors:

- The opposition teams
- Level of development and performance of the player
- Preparation and fitness of the player
- Health and wellbeing - including injuries
- Availability: attendance at training / preseason and match days.

Broadly Equal Playing Time: Recognizing player advancement, there is greater emphasis on competitive teams. The coach is given greater discretion in determining game time and will field the best available team, to maximise the team's chance of success.

MATCH DAY ROTATION

Teams in State 5, 4 (and 3) will implement an equal playing time rotation of players during game time.

State 2 will play to their strengths and rotations will be up to the discretion of the coach and implement broadly equal playing time defined above.

- Coaches need to assess and continually review each player's stage of physical development, player potential and improvement, level of skill and understanding of the game.
- Players will have to know club style of play and philosophy.
- Players need to make coaches aware of any injuries pre-existing or sustained during the season to ensure player health and wellbeing is maintained.

PLAYING UP AND PLAYING DOWN

Occasional player movements may occur between teams based on skill levels and player development and team requirements.

COACHES

Coaches will meet regularly under the direction of the Senior Coaching Coordinator and Senior Coordinator to discuss players, team development, team selection and apply the policy fairly.

Coaches are responsible for developing a team and club culture aligned with values and purpose of the club.

Coaches must consult with each other as soon as they become aware of a shortfall in player numbers. Coaches must attend all meetings when called by the Coaching Coordinator or Senior Coordinator.

APPEALS

Every player has the right to appeal a selection decision.

Objections should be initially made to the respective coach through the Coaching Coordinator, or Seniors Coordinator. Unresolved matters require a written objection to be submitted to an Executive Committee Member for a final decision.